

Then and Now: The History of Cannabis Helping Women Orgasm

By Dr. Suzanne Mulvehill

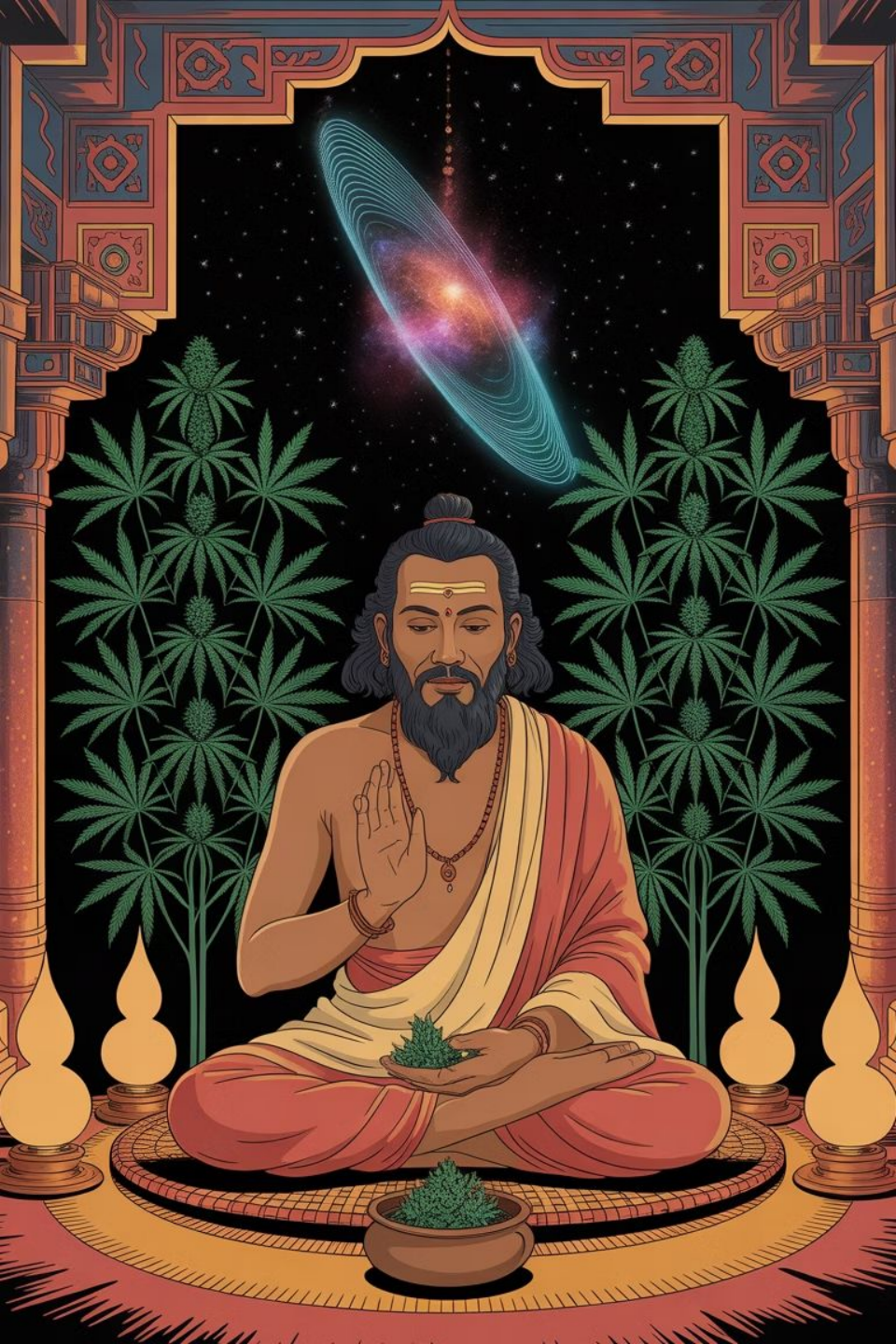
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Cannabis, Women, and Sex in Ancient Times



Ancient India

Cannabis enhanced tantric sexual experiences. Practitioners believed it heightened spiritual connection during intimacy.



Medical Applications

Used in obstetrics and gynecology. Ancient healers recognized its therapeutic qualities for women's health.



Ritual Use

Incorporated into fertility ceremonies. Many cultures valued cannabis for reproductive health benefits.



1930s: Cannabis in Wedding Traditions

Russian Wedding Practices

Young Russian brides used a mixture of lamb's fat and cannabis. This cultural remedy reduced discomfort on wedding nights.

Regional Terms

Known as "nasha" in Tashkent. Used medicinally despite Soviet prohibition throughout the region.

Cultural Context

Represented practical female wisdom. Knowledge passed between generations despite official restrictions.



Cannabis Research Emerges: 1960s-1970s



Groundbreaking Research

Dr. Erich Goode published "The Marijuana Smokers" in 1970. His work documented cannabis effects on female sexuality.



Case Studies

"A 27-year old divorcee was able to achieve orgasm only under the influence of marijuana."



Initial Findings

"The female expresses more satisfaction, and reports a higher frequency of orgasm."



Personal Testimonies: 1960s-1970s



Pioneering Publication

Barbara Lewis published "The Sexual Power of Marijuana" in 1970. Her work captured women's direct experiences.



Learning Process

Four women reported "learning" to have their first orgasm while using cannabis. They later achieved climax without it.



Methodological Innovation

Lewis employed personal interviews. This approach captured nuanced experiences missing from clinical studies.

Expanding Research: 1974

Koff's Findings

Research in 1974 revealed diverse effects. Some women experienced situational non-orgasmic responses after cannabis use.

Multi-Orgasm Reports

Study documented cases of multiple orgasms. Two women reported never having more than one orgasm without cannabis.

Research Significance

Koff's work highlighted individual variation. This challenged simplistic narratives about cannabis effects on sexuality.

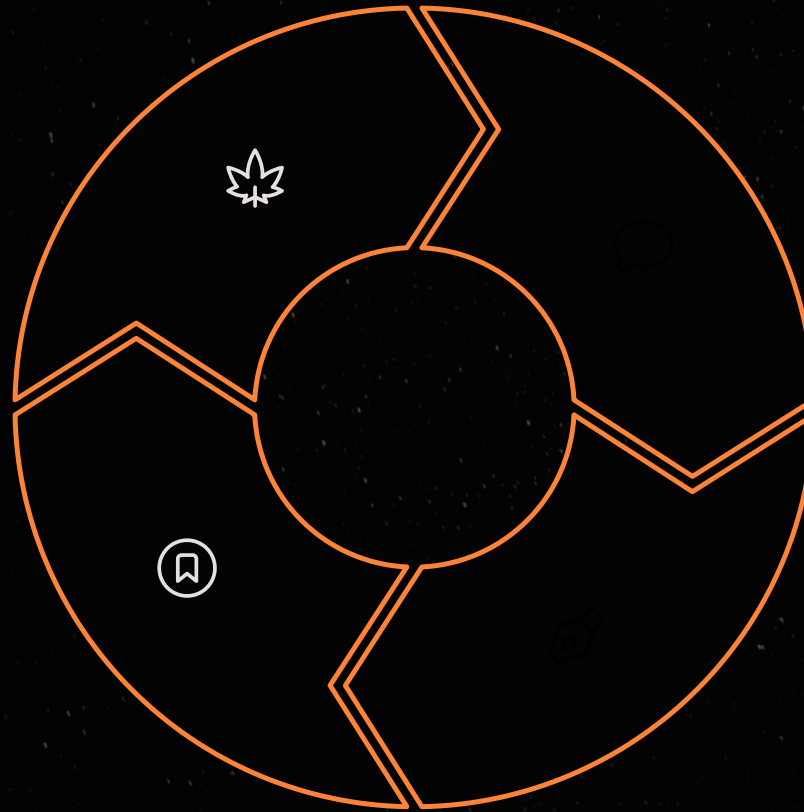
Scientific Advancements: 1979

Enhanced Pleasure

Cannabis increased sexual pleasures and sensations. Users reported greater intensity of orgasm.

Methodology

Research employed detailed surveys. This approach captured subjective experiences systematically.



Experience Correlation

Experienced users reported more positive effects. Familiarity with cannabis improved sexual outcomes.

Therapeutic Potential

Dawley suggested clinical applications. He proposed exploring cannabis for treating sexual dysfunctions.

Research Developments: 1982-1984



User Patterns

Frequent users sought cannabis specifically for sexual enhancement.



Statistical Evidence

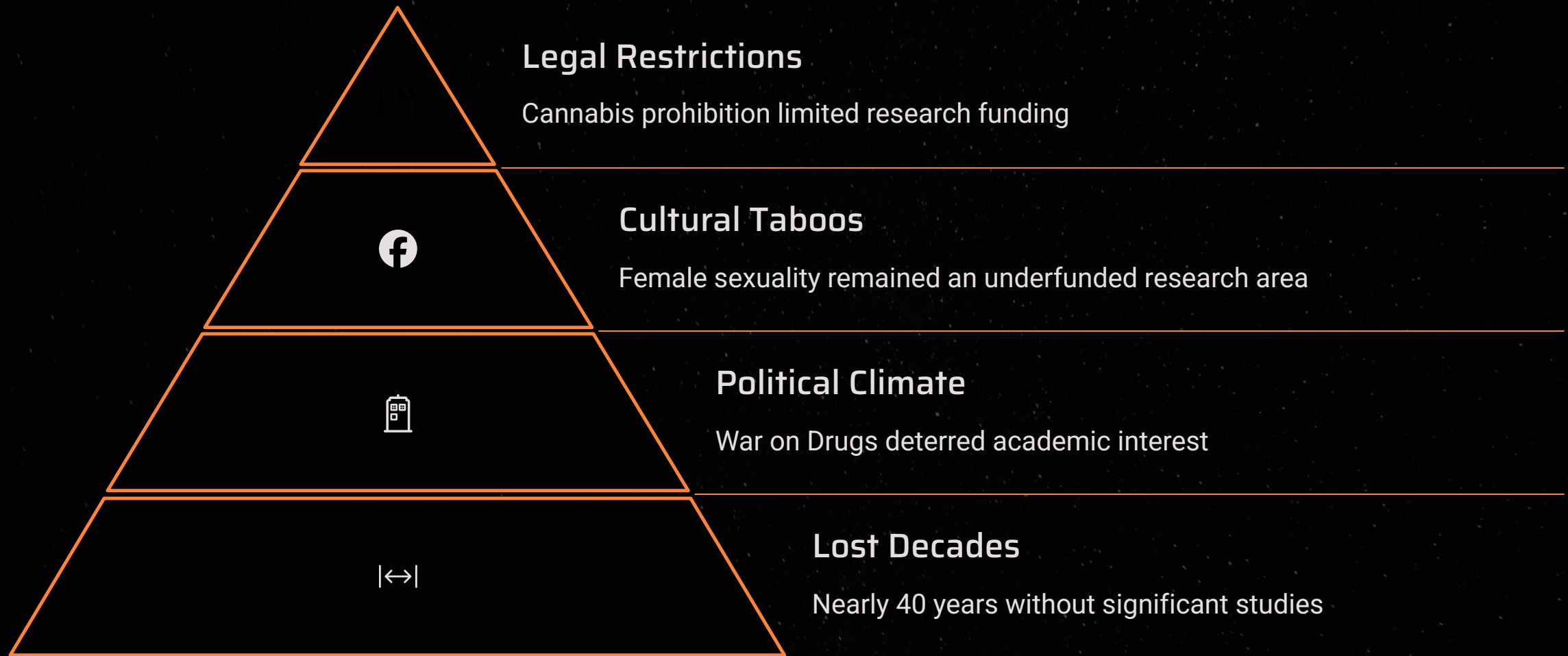
About 60% of orgasmic females reported enhanced quality.



Multiple Orgasms

Users reported increased number and ability to repeat orgasms.

The Research Gap: 1984-2016





Renaissance of Research: 2016



Palamar's Findings

Some users reported "magnified" orgasms. Both males and females experienced longer or more intense climaxes.



Mixed Effects

Some participants couldn't orgasm with cannabis. Individual responses varied significantly among study subjects.



Timing Changes

Some users needed longer to achieve orgasm. Focus difficulties affected orgasm timing for certain individuals.



Mindset Factors

Researchers identified psychological components. Mental state influenced cannabis effects on sexual response.



Clinical Evidence Grows: 2019

2.10x

Higher Satisfaction Odds

Women with frequent cannabis use reported better orgasms. This applied regardless of timing relative to sexual activity.

100%

Holistic Approach

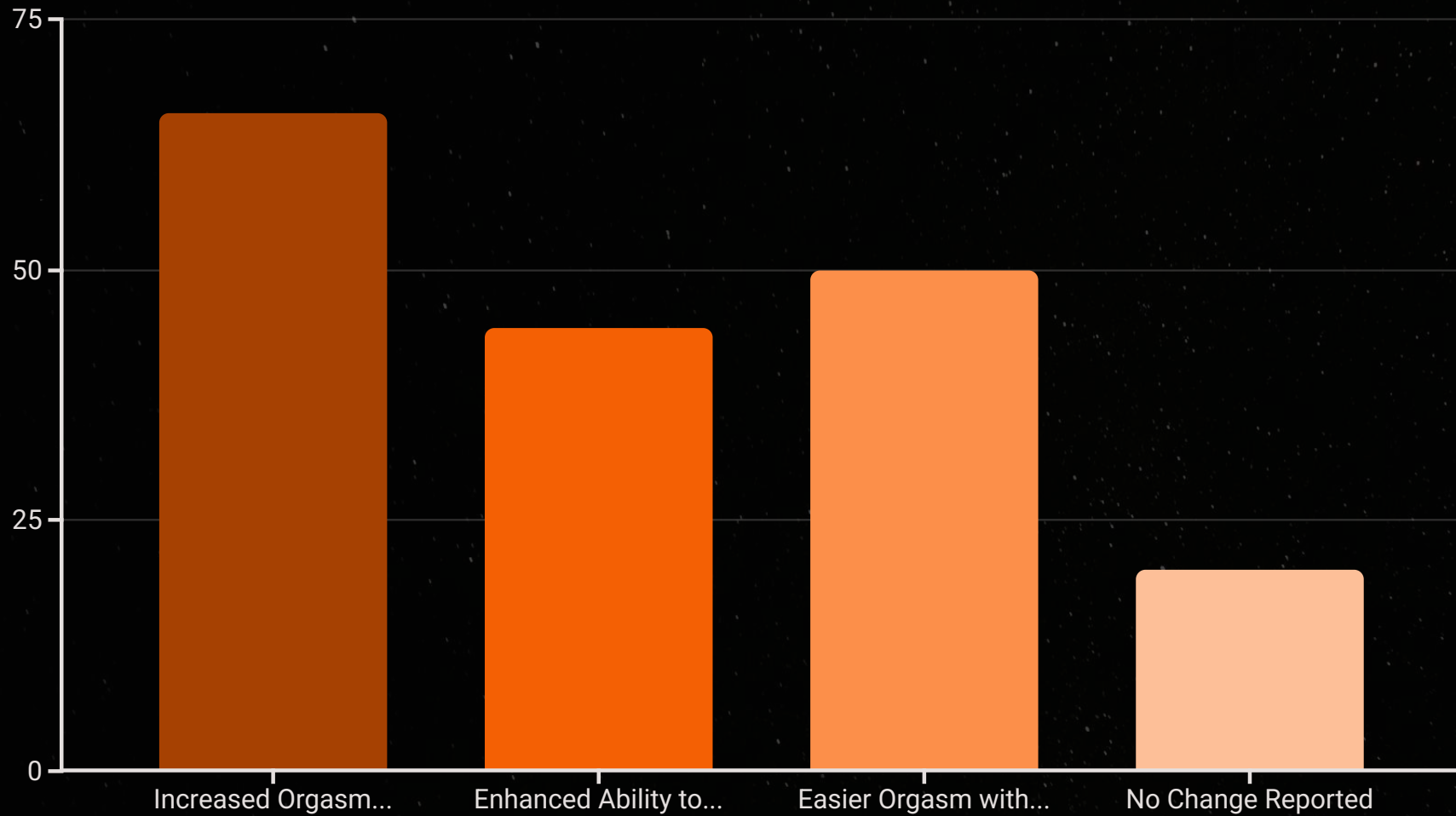
Lynn's research considered overall satisfaction. The study examined complete sexual experiences rather than isolated factors.

2019

Research Milestone

Publication marked renewed scientific interest. Medical community began recognizing cannabis's potential sexual benefits.

Deeper Understanding: 2019



Wiebe & Just's 2019 research showed significant improvement in orgasm experiences. Half of women with difficulty reaching orgasm found it easier with cannabis.



Scientific Progress: 2020



Usage Frequency Correlation

Kasman found dose-response relationship. More frequent cannabis use correlated with improved sexual function.



Dysfunction Reduction

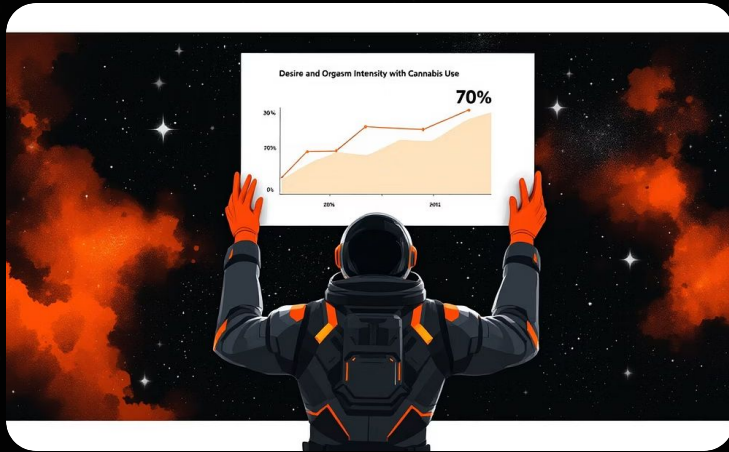
Each "step up" in cannabis frequency reduced dysfunction. Female sexual dysfunction declined by 21% per frequency increase.



Medical Implications

Findings suggested therapeutic applications. Research supported potential treatment protocols for sexual dysfunction.

Contemporary Research: 2023



Increased Desire & Intensity

Over 70% reported improved experiences. Cannabis enhanced both desire and orgasm intensity.



Multiple Orgasm Potential

40% of women experienced increased multiple orgasms. Cannabis improved ability to have more than one orgasm per encounter.

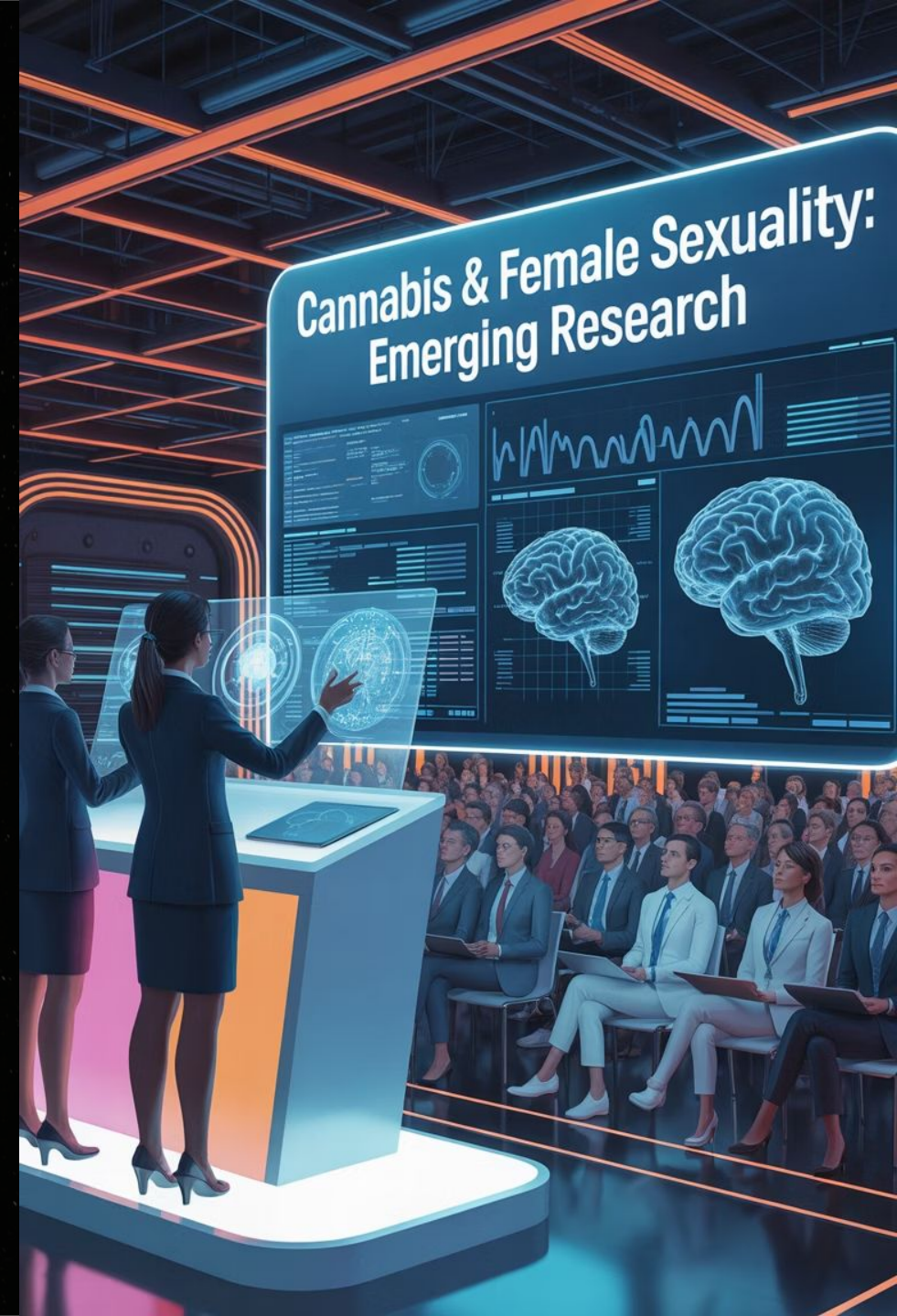


Treatment Applications

Moser suggested medical uses for sexual dysfunction. Women particularly benefited from cannabis-based interventions.

Breakthrough Studies: 2024

Research Team	Key Finding	Significance
Mulvehill & Tishler	72.8% reported increased orgasm frequency	Highest documented improvement rate
Mulvehill & Tishler	71% reported easier orgasm with cannabis	Strong evidence for therapeutic application
Bradbury et al.	Significant improvement in sexual function ($p \leq 0.001$)	Statistical validation of effectiveness
Bradbury et al.	Reduced sexual pain ($p = 0.008$)	Additional benefit beyond orgasm enhancement





Policy Evolution: 2024-2025

Connecticut Leadership

Connecticut approved Female Orgasm Difficulty/Disorder for medical cannabis treatment. This landmark decision recognized decades of research evidence.

Illinois Follows

Illinois became the second state to approve. Policy makers acknowledged cannabis's role in treating sexual dysfunction.

National Movement

Multiple states are considering similar approvals. Advocacy groups are petitioning based on scientific evidence.

Future Outlook

Medical community increasingly supports these treatments. Research continues to validate therapeutic applications for women's sexual health.