



Why Using Cannabis to Experience Orgasm Might Scare You

Are you afraid to use cannabis? Afraid of surrender? Afraid of how it might make you feel?

You are not alone. The problem is that many women simply reject it as a solution for their orgasm problem – for fear of how it will make them feel, or some women may have had a bad first experience using cannabis – like I did – and you know what? I spent 30 more years trying to find my orgasm.

The truth is, cannabis has been scientifically proven to help women orgasm! And it even makes it easier to orgasm too and have multi-orgasms!

It's a Common Mistake to be worried about surrendering into an altered state using cannabis – but guess what! Orgasm is an altered state too – so if you can learn to surrender into an altered state with cannabis, you can learn to surrender into orgasm.

Try my Surrender into Sensation Technique

First prepare

1

Create a safe environment for your body and mind where you will not be disturbed. Schedule it.

2

Second

Take a shower and begin to shift your mind into trusting yourself. Repeat the affirmation, I am safe. I surrender

Third

3

Take a small dose of cannabis and laydown and begin to take long deep breaths. Close your eyes. Become your breath – no "observing" – each time you find yourself wanting to judge your experience – or you start getting tight - return to your breath and repeat, I am safe.

It is just like playing a new team sport for the first time = at first we may be anxious or think we will not be good at it. Trust. You will learn.

After your practice, Go to my youtube channel and listen to my Post Pleasure Practice Integration for Women and sign up for my upcoming courses at femaleorgasmtraining.com



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